

↗ reach
your
summit

LifeFitness

➤ introducing the
**Summit
Trainer**

**AN INNOVATIVE PRODUCT TO TAKE
USERS TO NEW FITNESS HEIGHTS**



**AN EVOLVED PATH TO NEXT GENERATION
FITNESS ACHIEVEMENT**

It's the best of total-body cross-training and climbing in one intuitive product that can challenge any user. Multiple body positions target different muscle groups so users can achieve different training intensities.

↗ Versatile

**STRIDE LENGTH FLEXIBILITY
FOR TRAINING VERSATILITY**



VARIETY KEEPS YOU ON TRACK

Quick strides, deep lunges and everything in between. With user-defined stride lengths up to 26 inches, exceptional range of motion and synchronized moving arms, exercisers can control seamless variations in speed and intensity while fluidly targeting different muscle groups. It's the ultimate in versatility, responsiveness and motivational variety.



**↗ "A DIFFERENT TERRAIN: IT
SHIFTS MY PERSPECTIVE AND
ACCELERATES MY PROGRESS"**



“EVOLVED PERFORMANCE:
NATURAL MOTION TAKEN
TO NEW LEVELS”



IN SYNC WITH THE WAY
MY BODY MOVES



NATURAL MOTION, COMPLETELY INTUITIVE

Movements that follow the body's natural path of motion — comfortable and intuitive, even for first-time users. The biomechanically correct design provides optimally balanced hip flexion and extension and precisely synchronized upper- and lower-body motions. It's a natural path to fitness achievement.

↗ Natural



FULL EXTENSION FOR MAXIMUM
GLUTE ENGAGEMENT

↗ Fluid



LIFT™ TECHNOLOGY

Introducing Linear Incline FitTraining™ technology — a patented belt-driven design and mono-roller system that delivers a variable, user-defined stride length for smooth and effortless transitions between quick strides and deep lunges.



"EACH *STRIDE* FOCUSED ON
THE CHALLENGE AHEAD: FLUID,
MEASURED, FULLY ENGAGED"





“REACHING THE SUMMIT, THERE’S
A SENSE OF *ACHIEVEMENT*... LIKE
NOWHERE ELSE”



**CARDIO REDEFINED: MOVEMENT,
MOTIVATION, MOMENTUM**

THE NEW LIFE FITNESS SUMMIT TRAINER:

the best of total-body cross-training and climbing — combined
in one intuitive product

VERSATILE

- A variable user-defined stride length for smooth and effortless transitions between quick strides and deep lunges
- A 26" maximum stride length for exceptional range of motion
- Multiple body positions allow users to seamlessly target different muscle groups and easily achieve different training intensities
- Precisely synchronized moving arms for an optional total body workout
- 26 workout programs, including interactive heart rate — for the ultimate in motivating variety

NATURAL

- Movements that follow the body's natural path of motion — completely intuitive, even for first-time users
- Biomechanically correct design for synchronized upper- and lower-body motions and balanced hip flexion and extension

FLUID

- LIFT™ technology allows the user to control their motion on the fly, with fluid shifts between different stride lengths — for maximum comfort and exercise variation

SELF-POWERED CONVENIENCE

- The 95Li is powered completely by the user — no outlets or electrical cords to consider

EFFICIENT DESIGN

- Small footprint for easy integration into your floorplan



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Summit Trainer Specifications	95Le	95Li
Heart Rate Monitoring		
Lifepulse Digital Heart Rate and Polar® Telemetry (chest strap required)	●	●
Workouts		
Classic Workouts: Hill, Random, Manual, Quick Start	●	●
Zone Training+™ Heart Rate Workouts	●	●
Interval Workouts: Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training	●	●
Cross Train Aerobics Workout Mode	●	●
Goal Workouts: Calories, Distance, Time in Zone	●	●
6 Customizable Workouts	●	●
Fitness Test Protocol: Fit Test	●	●
Customized Cool Down	●	●
Display Readout		
Language Choices	13	9
Special Features		
Linear Incline Fit Training™ Technology with 26" (66 cm) Stride Length	●	●
Reading Rack, Accessory Tray, and Personal Stereo Holder	●	●
Oversized Non-slip Pedals	●	●
Front Wheels for Easy Mobility	●	●
Resistance Levels	26	25
Plug In Accessory	●	○
Networking/Entertainment: CSAFE-Ready, FitLinxx™ Certified	●	●
Attachable LCD Entertainment Solution	—	○
Technical Specifications		
Maximum User Weight	400 lbs (182 kg)	400 lbs (182 kg)
Power Requirements AC power line 115 volt, 15 amp (voltage may vary outside the U.S.)	●	○
Self-Powered	—	●
Length	68" (173 cm)	68" (173 cm)
Width	33" (84 cm)	33" (84 cm)
Height	73" (185 cm)	73" (185 cm)
Unit Weight	351 lbs (160 kg)	345 lbs (157 kg)

KEY | ● Standard ○ Optional — Unavailable

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